



www.spiritrecovery.com



Second Wind Foundation

**Teotihuacan, Mexico Dreaming House Trip Application**

Please print your name and information CLEARLY & CAREFULLY as this information is needed for your hotel reservations. Your airline information is mandatory!

**Dreaming House Phone 011-525-949-563-969**  
**www.thedreaminghouse.com**

**Contact 615-557-5245 for more information:**  
**or Email: [information@spiritrecovery.com](mailto:information@spiritrecovery.com)**

**FAX PAGES 1, 2 AND 6 OF YOUR COMPLETED APPLICATION TO: 310.456.2064**

**Contact Spirit Recovery at 615-557-5245 to pay by credit card. MasterCard and VISA accepted.**

Name of trip: TEOTIHUACAN with  
Name:

Dates:

\_\_\_\_\_

Your full name (as it is on your passport)

\_\_\_\_\_

Mailing Address

\_\_\_\_\_

City \_\_\_\_\_  
State \_\_\_\_\_ Zip \_\_\_\_\_

Home Phone ( ) \_\_\_\_\_  
Office Phone ( ) \_\_\_\_\_

E-mail \_\_\_\_\_  
Fax ( ) \_\_\_\_\_

Occupation \_\_\_\_\_  
Marital Status \_\_\_\_\_

Sex \_\_\_\_\_ Age \_\_\_\_\_ Height \_\_\_\_\_  
Weight \_\_\_\_\_ Citizenship \_\_\_\_\_

Birth date (month/day/year) \_\_\_\_\_  
Birthplace \_\_\_\_\_

Passport Number \_\_\_\_\_

Place of Issue \_\_\_\_\_

Date of Issue (must be valid for 6 months after date of arrival) \_\_\_\_\_

I am willing to share a double room (yes or no?) \_\_\_\_\_

If yes, I choose to room with:

\_\_\_\_\_

My roommate and I will need two separate beds (yes or no?) \_\_\_\_\_

I prefer a single room at \$250 supplemental cost (yes or no?) \_\_\_\_\_ (Limited Availability)

Any dietary restrictions or preferences?

\_\_\_\_\_

In case of Emergency contact:

\_\_\_\_\_

Address \_\_\_\_\_ City/State/Zip

\_\_\_\_\_

Telephone (        ) \_\_\_\_\_

Relationship \_\_\_\_\_

Your airline, flight numbers and departure and arrival times and dates:

Into Mexico City:

\_\_\_\_\_

Out of Mexico City:

\_\_\_\_\_

Cost of your journey: Cost of TEOTIHUACAN:

Then add a single supplement of \$250 if you want to have a private room: \_\_\_\_\_

- (if available)

Subtract your deposit if you already sent it in: \_\_\_\_\_ Your grand total : \_\_\_\_\_

#### KNOWING AND VOLUNTARY EXECUTION

I have carefully read and fully understand the contents of this agreement as well as all the conditions as stated under the heading "Terms and Conditions" (see attached pages) including those conditions regarding responsibility borne by trip participants and conditions regarding cancellations and refunds. I am aware, that this is a release of liability and a legally binding and enforceable contract between myself and Spirit Recovery, Inc. and/or Second Wind Foundation and I sign it of my own free will.

EXECUTED THIS \_\_\_\_\_ DAY OF \_\_\_\_\_ 20\_\_\_\_\_

SIGNATURE \_\_\_\_\_

PRINT NAME AS SIGNED \_\_\_\_\_

## Terms and Conditions for Teotihuacan

### Included

Total costs for section one are \_\_\_\_\_ for Teotihuacan, which includes: accommodations at The Dreaming House, all lectures and teachings, entrance fees to the pyramids, all transfers and luggage handling, most gratuities. Also included are two meals per day (breakfast and supper) and drinking water and beverages. The supplement for a single room when available is \$250.00 for this section. This may not be available less than 45 days before the departure. While we cannot guarantee that we can find you a roommate, we make every effort to do so. In the event we are unable to find a roommate for you, you will be required to pay the single supplement cost.

### Not Included

We are not responsible for your round trip flight from your home to Mexico City. Also not included are your meals unless specified, items of a personal nature such as laundry, gifts, shopping, beverages, toll calls, excess baggage, medical costs, and the costs of hospitalization and evacuation from remote areas, insurance and additional expenses arising from the delay or extension of a trip due to weather, political disputes, sickness, failure of transportation, or other causes beyond our control.

### Payment

A \$250.00 dollar deposit, which is non-refundable secures your place on the journey due by (date). The remaining payment in full is due (date). All payments are by Visa or MasterCard credit card, money order or cashier's check only, made out to Second Wind Foundation. Unfortunately, no personal checks can be accepted. All payments must be received in the office a minimum of one week before the date of trip departure. We cannot make exceptions to this policy.

### Cancellation and Refunds

If cancellation occurs 60 or more days before departure, there will be a loss of \$250.00 dollars which is the total deposit amount. This deposit may be used toward another Spirit Recovery, Inc. and/or Second Wind Foundation Event only. For cancellation 0-60 days prior to departure, no refund will be given – as is the case with a cancellation at the time of departure or after the trip departs. All cancellations must be made to Spirit Recovery, Inc. and/or Spirit Recovery, Inc. and/or Second Wind Foundation in writing. Any refund requests must be made in writing to Spirit Recovery, Inc. and/or Second Wind Foundation within 30 days of the return date. We strongly recommend Travel Cancellation Insurance if there is a chance you may have to cancel for any reason.

Spirit Recovery, Inc. and/or Second Wind Foundation reserves the right to cancel any trip prior to departure for any reason whatsoever, including an insufficient number of participants or logistical problems (e.g. acts of God, war, strikes, etc.), which may impede trip operations. The refund of all payments as described in the paragraph below shall release Spirit Recovery, Inc. and/or Second Wind Foundation from any further liability. A trip cancellation due to insufficient numbers would normally occur at least a month prior to departure, unless acts of God, war, strikes or other events impede our departure causing large numbers of participants opt to cancel participation on the journey in the last days before departure.

Spirit Recovery, Inc. and/or Second Wind Foundation must make substantial payments to suppliers (including providers of land travel) far in advance of the scheduled date on which we embark. If a trip is cancelled due to forces beyond our control (acts of God, war, labor strikes, earthquake, flooding, etc.), Spirit Recovery, Inc. and/or Second Wind Foundation will promptly refund the portion of the trip cost not advanced to suppliers (including any moneys set aside for airfare). Second Wind will use our best efforts to recover advance payments as promptly as possible, and we will refund to you the amount recovered, if any. However, Second Wind does not guarantee recovery of any or all of the advance payments made, and our use of best efforts to recover these payments will not include the institution of any legal proceeding

in foreign lands. This policy applies to a trip cancellation by client choice following any necessary increase in trip costs.

Thank you for joining us on this journey and for your cooperation!

### **Responsibility/ Limitation of Liability**

Spirit Recovery, Inc. and/or Second Wind Foundation, a Tennessee operation with its principle place of business in Nashville, Tennessee, and its associates, give notice that services provided in connection with these itineraries are rendered by suppliers who are not agents or employees of Spirit Recovery, Inc. and/or Second Wind Foundation.

All of the accommodations, meals, tours, transportation and/or related travel services have been made by Spirit Recovery, Inc. and/or Second Wind Foundation only as an agent for the individual tour member. While every effort is made to make travel arrangements with reputable suppliers, a tour member expressly agrees that Spirit Recovery, Inc. and/or Second Wind Foundation shall not be liable for any delay, mishap, inconvenience, expense, irregularity, bodily injury or death to person, or damage to property occasioned through the negligence, wrongful or intentional acts, or default of any company or individual engaged in providing these arranged services. Each passenger conveyance, tour company, hotel accommodation, restaurant, etc. is subject to the laws of the state or country where the service is provided.

Spirit Recovery, Inc. and/or Second Wind Foundation shall not be liable, directly or indirectly, for bodily injury or property damage for any reason whatsoever, including, but not limited to the following causes: acts of God, detention, annoyance, weather, quarantines, strikes, civil disturbance, theft, negligence (including that of Spirit Recovery, Inc. and/or Spirit Recovery, Inc. and/or Second Wind Foundation), default, changes in government regulations, terrorism, war or failure of conveyance to arrive or depart as scheduled.

Spirit Recovery, Inc. and/or Second Wind Foundation reserves the right to substitute hotels and leaders and to alter the itinerary when deemed necessary or advisable. The right is also reserved to cancel any trip prior to departure. Spirit Recovery, Inc. and/or Second Wind Foundation is released from any and all liability for cancellation of any trip, or portion thereof, except for payment of a land cost as set forth in the section on "Cancellation and Refunds".

Spirit Recovery, Inc. and/or Second Wind Foundation reserves the right to decline to accept or retain any person whose actions, physical health, mental condition or general deportment impede trip operation or rights, welfare or enjoyment of other trip members. A refund based on the cost of unused land services is the limit of Second Wind responsibility.

Second Wind is not responsible for any refunds should a presenter advertised as attending or leading a tour or conference cancel for any reason. However should Lee McCormick and Roberto Paez choose to cancel their participation in this journey for any reason, every effort will be made to refund your deposit and payments made which have not been previously sent to foreign and air travel suppliers as outlined above.

Spirit Recovery, Inc. and/or Second Wind Foundation is not responsible for any physical, mental, emotional, or any other reaction, trauma, or ailment during the trip or occurring afterwards, that participants may experience at the sites or from any leaders, workshops, or sessions of any kind, including private sessions with facilitators or presenters. Attendance on the trip indicates acceptance of this and all other provisions of this responsibility clause.

Spirit Recovery, Inc. and/or Second Wind Foundation has recommended the purchase of appropriate travel accident insurance, baggage insurance, tour operation carrier default protection insurance, and trip cancellation insurance, and has made available explanatory information and policies, and the travel program member has the opportunity to purchase such insurance as protection against certain risks of travel to the planned destination. Travel program members are advised that travel insurance covers only what is included as stated in the travel insurance brochure.

The airlines or transportation companies concerned are not held responsible for any acts, omissions or events during the time passengers are not on board their planes or conveyances. The passenger contract in use by the carriers concerned, when issued, shall constitute the sole contract between the airlines or transportation companies and the purchase of this travel program and/or passengers.

### **Trip Member Responsibility**

Trip members have the responsibility to select a trip appropriate to their abilities and interests. Trip members are held responsible for being in sufficient good health to undertake the trip. Trip members are responsible for preparing for this trip by studying the itinerary and pre-departure information sent by Spirit Recovery, Inc. and/or Second Wind Foundation, and for discussing this itinerary with their personal physician. Trip members are also responsible for bringing the appropriate clothing, medicines, supplies and equipment as advised in the pre-departure information. Trip members are participants in group travel and are expected to hold each other in compassionate regard, and to interact with each other with respect.



**THIS FORM MUST BE SIGNED AND RETURNED TO BE ELIGIBLE FOR TRIP RELEASE OF LIABILITY AND ASSUMPTION OF ALL RISKS  
PLEASE READ CAREFULLY: THIS IS A LEGALLY ENFORCEABLE WAIVER OF RIGHTS**

**ASSUMPTION OF RISKS**

I \_\_\_\_\_, acknowledge that I have voluntarily applied to participate on the trip designated on this application. I am voluntarily participating on the tour or expedition with knowledge that travel to foreign countries and/or the remote areas visited by this trip involves numerous risks and dangers including a risk of illness, injury or death, which may be caused by: forces of nature, civil unrest, terrorism, road conditions, injuries inflicted by animals, insects, reptiles or plants, trails, hotels, vehicles, boats or other means of conveyance which are not operated nor maintained to standards common in the United States; high altitude (on certain trips), accident, accident or illness without access to means of rapid evacuation or the availability of medical supplies; the lack of adequacy of medical attention once provided, and negligence on the part of Spirit Recovery, Inc. and/or Second Wind Foundation, it's affiliated organizations and their employees, teachers, volunteers or other agencies. I acknowledge that the enjoyment and excitement of foreign travel/ adventure travel is derived in part from the inherent risks incurred by travel and activity beyond the accepted safety of life at home or work, and that these inherent risks and the corresponding enjoyment and excitement contribute to the reason for my voluntary participation on this trip. I HEARBY ACCEPT ANY AND ALL RISKS OF ILLNESS, INJURY, EMOTIONAL TRAUMA OR DEATH AND VERIFY THIS STATEMENT BY PLACING MY INITIALS HERE: \_\_\_\_\_.

**RELEASE**

AS LAWFUL CONSIDERATION for being permitted by Spirit Recovery, Inc. and/or Second Wind Foundation to participate on such trips and activities, I hereby agree that I, my heirs, legal representatives or any member of my family will not make a claim against or sue Spirit Recovery, Inc. and/or Second Wind Foundation or any of its affiliated agents, employees, teachers or volunteers, for bodily injury, death, emotional trauma or property damage resulting from my participation in the tour or expedition. I THEREFORE RELEASE AND DISCHARGE SPIRIT RECOVERY, INC. AND/OR SECOND WIND FOUNDATION AND ITS AGENTS, EMPLOYEES, TEACHERS AND VOLUNTEERS, LEE MCCORMICK AND GINI GENTRY AND THE GARDEN OF THE GODDESS AND FRANK HAYHURST AND ZONE MUSIC FROM AND AGAINST ANY AND ALL LIABILITY ARISING FROM MY PARTICIPATION IN THE TOUR OR EXPEDITION EVEN THOUGH THAT LIABILITY MAY ARISE OUT OF NEGLIGENCE OR CARELESSNESS ON THE PART OF SECOND WIND FOUNDATION OR ITS AFFILIATED AGENTS, EMPLOYEES, TEACHERS OR VOLUNTEERS. If any portion of this agreement is unenforceable, the remaining portions shall remain in full force and effect. Under no circumstances shall Spirit Recovery, Inc. and/or Second Wind Foundation or LEE McCORMICK and Gini Gentry and Frank Hayhurst be liable to any tour participant for more than the land cost of the trip applied for on this document. All applications are subject to acceptance by Spirit Recovery, Inc. and/or Second Wind Foundation and Gini Gentry. Upon acceptance of my application, this agreement shall be deemed to have been entered into and be performed in Nashville, Tennessee and shall be construed according to the laws of the of the state Tennessee. In the unlikely event a legal dispute should arise involving any subject matter whatsoever, I agree that the dispute shall be settled by binding arbitration through the American Arbitration Association at Nashville, Tennessee. Should this arbitration provision be held unenforceable, I agree that any legal action shall exclusively be brought before the appropriate State Court in Nashville, Tennessee or Federal Court in Nashville, Tennessee.

\_\_\_\_\_  
Signature of Participant

\_\_\_\_\_  
Date

\_\_\_\_\_  
Witness

\_\_\_\_\_  
Date

**FAX COMPLETED FORM TO: 310.456.2064**

**Day 1**

Arrive in Mexico city late afternoon.



**Day 2-5** We spend the next four days exploring and moving through the site. We spend time working in a group and individually. We will work through the energetic body of Teo which follows the original design as the body of a two-headed serpent, the body of the avatar Quetzalcoatl, from the temple of Quetzalcoatl we move onto the Avenue of the dead traveling toward the Pyramid of the Moon. As we ascend over the 4 days of our journey you will address the energetic aspects of being human. From the physical body to the emotions, the mind and the spirit we address each as they are portrayed through the elements of earth, air, fire and water. The journey through the body of Teo leads to a reemergence from the deep introspection of the Avenue through the other mouth of the snake on the altar in front of the pyramid of the moon. The next step is to join the presence and timeless power of the ancient masters in the temple of the Jaguars and the Palace of the Butterflies preparing us for our reconnection with source atop the pyramid of the sun. A journey to Teotihuacan is an opening to worlds that for most of us have been shrouded by our investment in what we have come to believe of this world and ourselves.



**Day 6** Those of you who are leaving for home will be leaving this morning. We arrive at the Airport at 11-11:30 AM.



## **PACKING LIST AND OTHER IMPORTANT INFORMATION**

Dreamers,

We are delighted you are joining us for the upcoming journey to Teotihuacan. We ask you to carefully read the following information to ensure that your experience is as physically comfortable and spiritually rewarding as possible.

Each sacred journey invariably includes two itineraries. On the physical part of the journey, we each travel as a member of a group to places of extraordinary beauty, power and enchantment. On the inner journey, we travel solo down a long, winding road that is often rife with potholes, detours and rivers to cross with no bridge in sight. The outer journey requires that we pack good shoes, suntan lotion and bug repellent.

The inner journey requires that we bring along all of our love and courage to honestly deal with ourselves and see what is truth and what is illusion.

The physical journey invites only our sense of humor and flexibility. But, our inner journey asks that we identify and begin dismantling the false assumptions upon which we have built our lives.

The inner journey is the hardest one we ever make. But, the Toltec have traveled before us and mapped a road we can follow to transcend fear and reclaim our divine birthright of unconditional happiness. With the wisdom of our guides available to support and advise us, we can change our perception. The resulting death of ignorance and resurrection of awareness will speed our journey into the freedom beyond.

Our outer journey is intended to follow this map to freedom. To aid in your physical comfort, we strongly recommend that you pack the following:

### **Mandatory Items:**

- You must have a valid Passport
- Money for extra food and personal expenses.
- Daily meals and water are provided.
- Water bottle suitable for carrying during the day. Bottled water will be provided. We strongly recommend brushing your teeth with purified water during your stay.
- Sturdy walking shoes suitable for climbing pyramids and daily treks.



- Any prescription medication.

### **Suggested Items:**

- Personal items and toiletries
- Journal and pen/pencil
- Rain poncho
- Backpack or fanny pack for transporting items/water on the daily outings. The size of this device is dependent on the amount of belongings you prefer to carry with you
- Snacks that are portable
- Band-aids, travelers remedies
- Sunscreen (the altitude is high and the sun is strong during the day)
- Hat/Visor
- Alarm Clock
- Personal Pillow (if desired)
- Sunglasses
- Casual, comfortable clothes that you can layer and that are suitable for walking, and sitting while in the pyramid grounds
- Warmer clothes for the evening and early morning

On your arrival in Mexico City proceed through customs. There are two separate customs areas.

**Someone will be holding a sign that says, “The Dreaming House”.**

Once everyone is accounted for you will have the opportunity to exchange your currency for pesos there at the airport. When you change your money -- cash or traveler's checks -- it is best to ask for some small denominations if possible (20, 50 peso notes). The shop/restaurant owners in Teotihuacan often cannot change large bills. Sometimes the moneychangers at the airport are willing to give you small bills and sometimes you have to accept what they have available. There are no local banks at Teotihuacan.

You will depart the airport in a group and travel by private transportation to the Dreaming House. Once you arrive at Lee's lovely home, you will be given a room assignment. After you have settled into your room we will meet for dinner followed by an early evening meeting.

Once again please remember that it is not wise to drink the tap water anywhere in Mexico or to brush your teeth with that water. Additionally, when you shower, do not let water get into your mouth. You can purchase water locally.

The food is good, flavorful and varied but not geared toward "special diets". If you have particular dietary requirements it is wise to bring items from home to supplement what is available. It is the custom to leave a gratuity at the end of your stay.

We will provide you with the itinerary for the trip as necessary. It is helpful to remember life is in constant motion so things change, miracles appear and plans do shift. Please help everyone by listening to information provided and joining with us at the agreed upon times.

If something happens that prevents your meeting the group, you may take a cab, at your own expense, to the Villas Arqueologicas Teotihuacan a hotel which is close to where we will be staying. If we know you have travel plans different from the group, if you give us advance notice, we can also send a taxi to the airport for you-it is safest this way-and the rate you will pay of approximately \$65 is less than the normal cost of transportation from Mexico City. Lee's phone number at the Dreaming House is 011525949563969 and is for emergencies only. There are pay phones available in the village-you can also contact your cell phone company to set up international service for your stay. If you miss a flight or your plane is delayed due to weather or other conditions, please contact Lee McCormick on his cell phone at 615-330-0309 with your new plans.

Please send your final payment AS SOON AS POSSIBLE and ALSO let us know your flight arrangements so we have a way of keeping track of you.

The journey you are about to take has the potential to transform your life. Please join us with all your enthusiasm and love as we travel together to this magical place of power and freedom!

Blessings to you!

Lee McCormick